



## Pre-Sedation Instructions

### Please follow these instructions:

1. A physical examination by a physician/pediatrician must be completed within 30 days prior to the sedation.
2. No milk, liquids or solid foods 6 hours before the appointment. This is **extremely important. The child will not be treated if he/she has had any liquid or food prior to the sedation appointment.**
3. Plan the child's sleep and awakening times to encourage the usual amount of sleep the day before the sedation appointment.
4. Dress your child in loose fitting clothing with short sleeves.
5. Be sure that your child uses the bathroom shortly before the sedation and bring a change of clothes in case your child has an accident.
6. The child's legal guardian **must** be present and plan to stay the entire morning of the sedation.
7. If your child develops a cough, cold, fever, runny nose, or other illness in the week before the appointment, please call us.